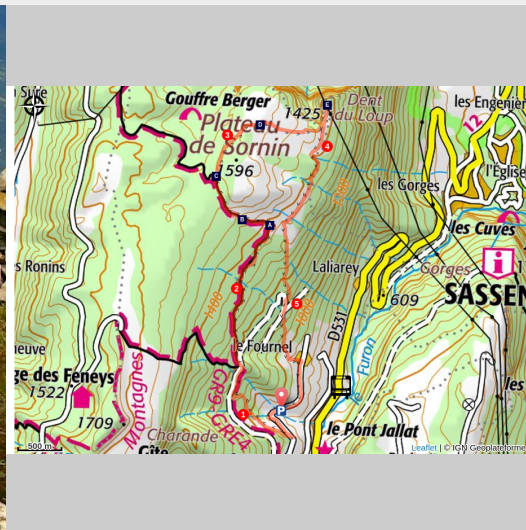


# Sornin plateau - Dent du Loup

4 Montagnes - Engins



Vue à partir de la Dent du Loup (T. Rony)

Discover the viewpoint of the Dent du Loup and the Plateau de Sornin. Perched at 1500 meters above sea level, it overlooks a part of the Isère valley.

After a first part in the forest, discover the wide spaces of the Sornin plateau. Between meadows and lapiaz, enjoy magnificent views of the Isère valley, with the Chartreuse and the Belledonne massif as a backdrop.

## Useful information

Practice : By walk

Duration : 4 h 30

Length : 11.4 km

Trek ascent : 720 m

Difficulty : Difficile

Type : Boucle

Themes : Histoire et patrimoine, Pastoralisme, Point de vue, Accessible en transport en commun, espaces naturels

# Trek

Departure : Leisure Center of Engins

Arrival : Leisure Center of Engins

Markings :  GR  GRP  PR

Departure from the parking of the Leisure Center of Engins. Follow the yellow and green markings at first before taking the GR 9. Take the path that goes up in the forest towards La Croisette 1. At this crossing, follow the GR9 which will take you to Sornin 2 by a forest road, then turn left to reach La Cote 1545 meters 3. Rally the Dent du Loup 5 through Plateau de Sornin 4. From there, a superb panorama awaits you (be careful, cliff edge!). To return, head towards the Hamlet of Sornin 6 passing by the crossroads Plateau de Sornin. Then take the path that descends into the forest towards Fournel 7, then continue for a short time on the road to the Center of Leisure (700 meters approximately).

## On your path...



The plateau of Sornin (A)  
The Gouffre Berger (C)  
The Dent du Loup (E)

The Black Grouse (B)  
The shepherd's hut (D)



# All useful information

## **Advices**

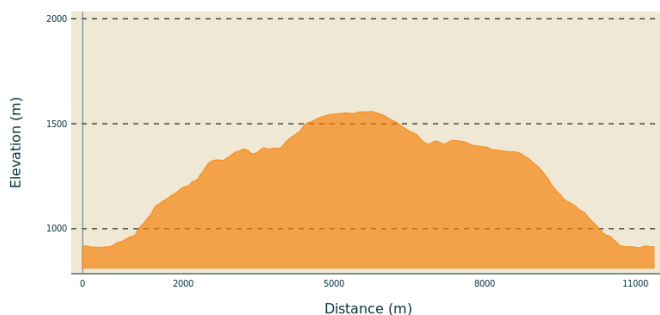
Be careful on the edge of cliffs!

You are going to go through the summer pastures, maybe you will meet protective dogs, often Patou. Always be sure to bypass the herds, while remaining calm while the dog identifies you, not caressing or threatening them. If you have a dog (not recommended), keep it on a leash.

Use the passageways to cross the fences, close the gates and barriers, stay on the marked paths.

Staying on marked paths also means respecting private property.

## **Altimetric profile**



Min elevation 910 m  
Max elevation 1558 m

## **Transports**

**By train :** Grenoble train station

The OÙRA multimodal route planner provides information about all the connections between regional trains, urban transport and departmental bus lines : <https://www.oura.com/>

**By bus :** With Regional coaches T64 to Engins.

**By hitch hiking :** You can get there / get back by hitching a lift with the Rezo Pouce network from Autrans-Méaudre, Lans-en-Vercors, Grenoble and Royans-Vercors (you can find all the stops in the Vercors on [www.rezopouce.fr](http://www.rezopouce.fr)).

## **Access**

From Grenoble, take the D531 towards Engins. At Engins, take the D531B then the road from the hamlet of Fournel to the leisure center (parking).

## **Advised parking**

Parking in front of the leisure center

## **Carpooling :**

Offer your services or book your carpooling on the regional [Moy'ici](#) platform.

## **Information desks**

OTI 4M - Bureau d'information  
d'Autrans  
49 route du Vercors, 38880 Autrans-  
Méaudre-en Vercors  
info.autrans@otivercors.com  
Tel : 04 76 95 30 70  
<https://www.vercors-experience.com/>

OTI 4M - Bureau d'information de  
Lans-en-Vercors  
246 avenue Léopold Fabre, 38250  
Lans-en-Vercors  
info.lansenvercors@otivercors.com  
Tel : 04 76 95 42 62  
<https://www.vercors-experience.com/>

# On your path...

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## The plateau of Sornin (A)

The plateau of Sornin is part of a Sensitive Natural Area (ENS) "La Molière-Sornin". It is a prairie of estive subject to the problematic of the development of spruces that close the environment. As a result, a policy to restore the Sornin meadow has been put in place to keep this environment open and to preserve the biodiversity of the site as well as possible.

Attribution : T. Rony

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## The Black Grouse (B)

The black grouse takes its name from the superb tail in the form of a lyre which is provided by the male. It frequents the edge between the upper limit of the forest and the alpine lawns. It is a fierce and very discreet bird for much of the year. It remains hidden in the vegetation cover, moving by walking in search of small invertebrates, berries or seeds. In winter, this varied diet leaves room for coniferous needles and buds. It is in spring, with the nuptial dancing of the male, that these birds are more visible and noisy.

Attribution : S. Garvie

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## The Gouffre Berger (C)

Beneath your feet is one of the largest subterranean networks of the Vercors, that of the Gouffre Berger. His discovery in 1953 by J. Berger led to a formidable human adventure which led in 1956 to the crossing of the coast -1000 meters, the first of the world speleology. The adventure is not over because the connection with the Cuves of Sassenage is always actively sought!

Attribution : m\_rocheblave

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### The shepherd's hut (D)

Herds have been kept on the Sornin for a long time. The communal shepherds already kept oxen and bulls, and from 1935 to 1985, 6,000 sheep grazed in the summer. Today, the 1,800 sheep that still make up the herd live up this mountain pasture where the panorama is truly exceptional. It was in 2004 that the first wolf attack took place in the Sornin, and since the mountain dogs stand guard.

Attribution : T. Rony



### The Dent du Loup (E)

You are at one of the northern extremities of the Vercors, overlooking more than 1200 meters Grenoble and the valley of the Isère. A superb panorama over the Chartreuse awaits you, as well as a beautiful view of the northern barrier of the Vercors, including the cliffs of the Buffe and the Sure on the left.

Attribution : T. Rony