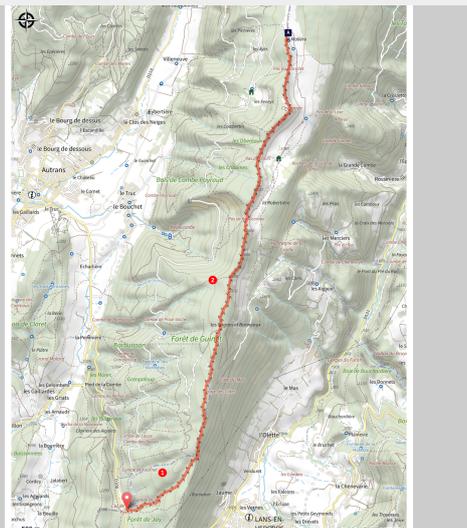


The Molière

4 Montagnes - Méaudre



Plateau de la Molière (V.Giry)



Crest route with breathtaking views of the Alps

The proposed route is located in the so called "Quatre Montagnes" in the heart of the Vercors Regional Nature Park (PNRV). The panorama, from the crests of the Molière, is remarkable. On this itinerary, the skier evolves, initially, in the forest, then on the ridges overlooking the Val de Lans. Finally the ski hiker reaches the summit of Charande and the mountain pastures of the Molière. The view is magnificent on the Vercors north, the Grenoble region and the Alps!

Useful information

Practice : nordic ski touring

Duration : 5 h

Length : 17.7 km

Trek ascent : 785 m

Difficulty : Moyen

Type : Aller-retour

Themes : Faune, Flore,
Pastoralisme, Point de vue,
Sommet, espaces naturels

Accessibility : pulka

Trek

Departure : Col de la Croix Perrin , Lans en Vercors

Arrival : Col de la Croix Perrin , Lans en Vercors

Markings :  GRP  PR  GTV VTT  GTV à pied

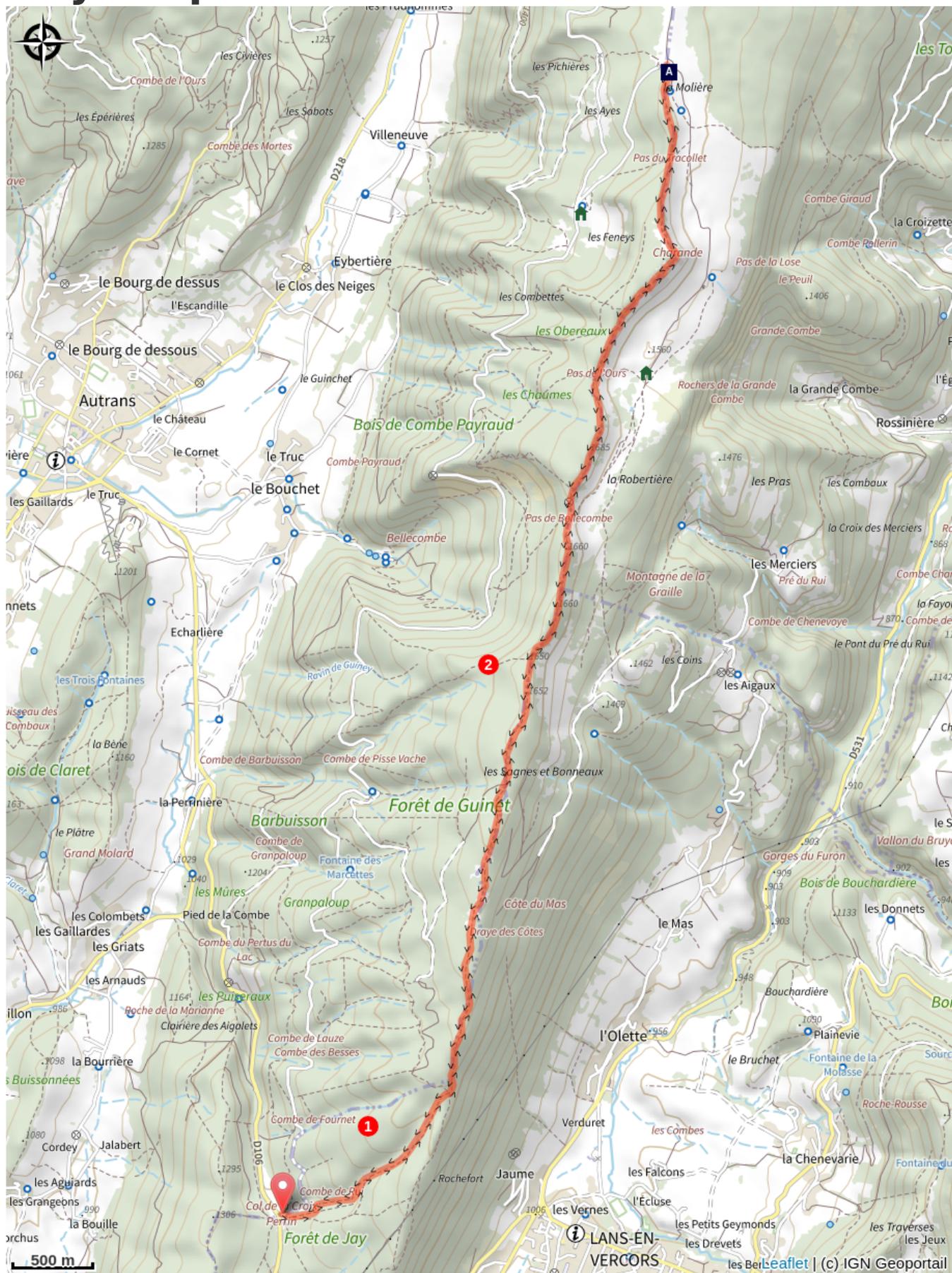
From Col de la Croix Perrin (1218 m), turn right onto the signposted road (yellow and green) for the Molière (8.3 km). 1 et rejoint les crêtes surplombant le village de Lans-en-Vercors.">Follow this forest trail that runs into Rui 1 and reaches the ridges overlooking the village of Lans-en-Vercors. Leave the path that runs south on the Croix de Jaume and go up along the ridge. Join a flat in the forest of Guiney at altitude 1529 m (1 hour). 2.">Reach the sign indicating "Les Trois Communes" 2. 3 (1636 m).">Follow the signs for 1.8 km and follow the direction of Pas de Bellecombe 3 (1636 m). Follow (La Molière - 3.1 km) on the ridges overlooking the mountain pastures. 4. ">Pass the relay, the Pas de l'Ours (1649 m) and reach the summit of Charande (1709 m) 4.
5 (1632 m - 3 heures. Vue magnifique sur la région et les massifs alentours (Panorama sur le">Continue north towards the Pas de la Tracollet (1648 m) and then to the alpine meadows and the orientation table of the Molière 5 (1632 m - 3 hours.) Magnificent view of the region and the surrounding mountains Mont Blanc).

Return:

The return is identical to the itinerary of the outward journey. At the sign of Les Trois communes, shoot right (west) and join a track that runs south. Follow it to the end (turning point for the forestry machines) and, before this elbow, spin in the forest, due west (yellow and green markings). Go down and join the Barthélemy forest trail. Turn left (south) to the Col de la Croix Perrin.

For those wishing to make a loop, it is enough to take the forest road of the Molière to the shelter of the Feneys (1522 m). At the intersection (before the refuge), leave the road that goes to the right for the snow stage of the Sure (Autrans). Pull left onto the forest road Barthélemy which goes down on the Col de la Croix Perrin. (Descent in 1 hour).

On your path...



Viewpoint of the Molière (A)

All useful information

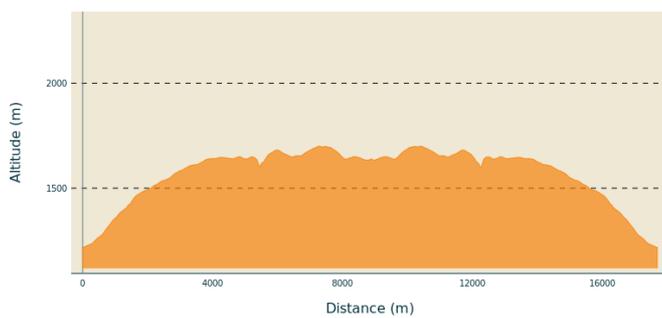
Advices

Itinerary with no difficulty in good weather. During snow or fog, the orientation on the ridges is very delicate. This course is well attended by snowshoe walkers.

More information on Nordic Walking

Nordic walking is a respectful and responsible practice. Before you jump into the field, train yourself.

Altimetric profile



Min elevation 1218 m
Max elevation 1700 m

Transports

En train :

Gare SnCF de Grenoble

En bus :

Avec les cars Régions prendre la ligne T64 ou la ligne T65 par Engins pour rejoindre Lans. Puis prendre le ligne T66 en direction d'Autrans-Méaudre jusqu'au Col de la Croix Perrin.

Le calculateur d'itinéraire multimodal OÙRA vous donne accès à toutes les correspondances entre les trains régionaux, transports urbains et ligne de bus départementale : <https://www.oura.com/>

En Autostop :

Possibilité d'aller et/ou retour en autostop vers la Croix Perrin avec Rezo Pouce depuis Autrans-Méaudre, Lans-en-Vercors et Grenoble (retrouvez tous les arrêts Vercors sur www.rezopouce.fr) ↴

En covoiturage :

Proposez ou réservez votre covoiturage avec la plateforme régionale Mov'Ici.

Information desks

OTI 4M - Bureau d'information d'Autrans
49 route du Vercors, 38880 Autrans-Méaudre-en Vercors
info.autrans@otivercors.com
Tel : 04 76 95 30 70
<https://www.vercors-experience.com/>

OTI 4M - Bureau d'information de Lans-en-Vercors
246 avenue Léopold Fabre, 38250 Lans-en-Vercors
info.lansenvercors@otivercors.com
Tel : 04 76 95 42 62
<https://www.vercors-experience.com/>

Access

From Grenoble, take the road D531 (Route de Villard-de-Lans). At the roundabout of Lans-en-Vercors, turn right onto the D106 (Route de la Croix Perrin) which runs towards Autrans. Reach the pass (1218 m). Park next to the hostel.

Advised parking

Parking at Col de la Croix Perrin

On your path...



Viewpoint of the Molière (A)

The viewpoint of the Molière offers one of the most beautiful panoramas of the Vercors. A large part of the Alps is offered to you as far as Mont Blanc, passing by the Chartreuse, Belledonne or Oisans.

Attribution : S.M Booth