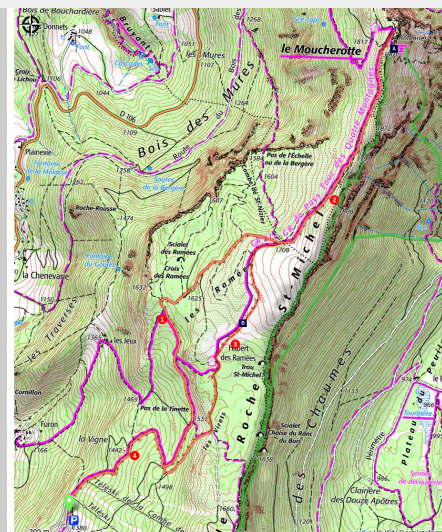


The Moucherotte

4 Montagnes - Lans-en-Vercors



Au sud du Moucherotte (S.M Booth)

An emblematic route for the Grenoble inhabitants. The view of the Moucherotte is magnificent. One of the most beautiful views of Grenoble and its surroundings.

This route follows wide forest roads through very open landscapes. In the outward direction, you go around the plateau of Rows, while on the way back you cross it. At any time the scenery is breathtaking.

Useful information

Practice : nordic ski touring

Duration : 3 h 30

Length : 10.6 km

Trek ascent : 556 m

Difficulty : Moyen

Type : Aller-retour

Themes : Point de vue, Sommet

Accessibility : pulka

Trek

Departure : Snow Stage of Lans-en-Vercors

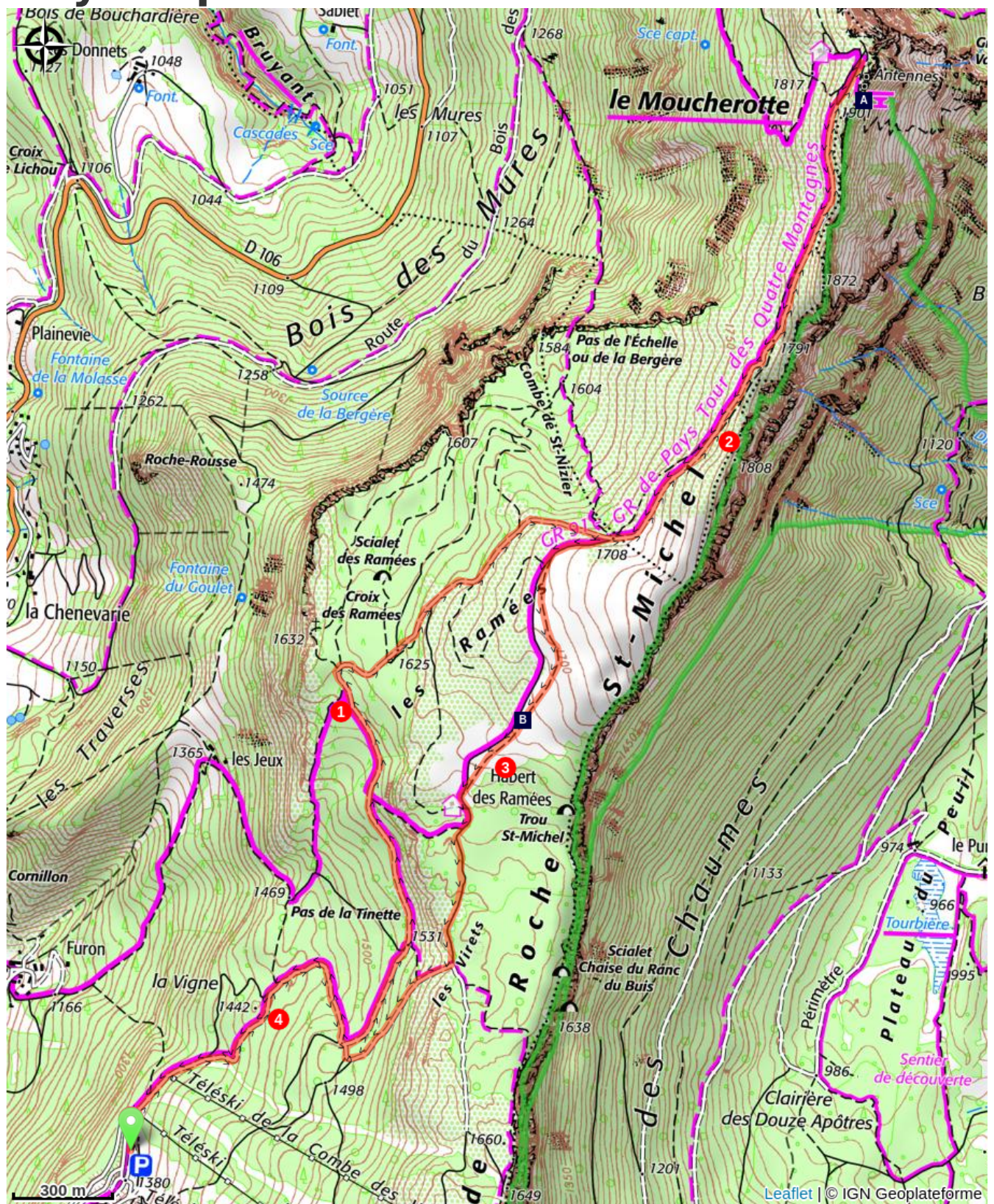
Arrival : Snow Stage of Lans-en-Vercors

Markings :  GR  PR  GTV à pied

1, prendre la direction du Moucherotte (direction nord).">From the "La Sierre" car park 1, take the Moucherotte direction (northbound). Reach three ski lifts. At the "Combe des Virets" ski lift, follow the GR (red and white paint on the trees). After 15 minutes, take the right track (GR). 2 (1500 mètres - itinéraire de la GTV été et du GR).">In 25 minutes you can reach "Les Virets" 2 (1500 meters - itinerary of the summer GTV and the GR). Leave the path to the right. 3 (1605 mètres - GR 91 et tour des 4 montagnes).">After 40 minutes you reach "Les Ramées" 3 (1605 meters - GR 91 and tour of the 4 mountains). 4 (1645 mètres).">Continue to the "Merdaret" 4 (1645 meters). Leave on the right the path that leads to the Ramées shelter (0,9 Km - 15 minutes). 5 (1700 mètres).">After an hour of skiing, you reach the Combe de Saint-Nizier 5 (1700 meters). The summit of the Moucherotte can be seen in the distance along the ridge. Leave the road on the right and continue towards the Moucherotte. Walk the ridge line for 20 minutes and then reach the top by a short but steep climb.

Go down following the climbing route. 5, prendre à gauche.">After 30 minutes of descent, back to the Combe de Saint-Nizier 5, turn left. After the sign, follow the southerly direction and stay in the unforested part. In 10 minutes you can reach the Ramées shelter (1620 meters). From the hut, continue in a southerly direction until you reach the climbing route. 1.">To join the parking of the Sierre 1.

On your path...



Summit of Moucherotte (A)

The plateau of Ramées (B)

All useful information

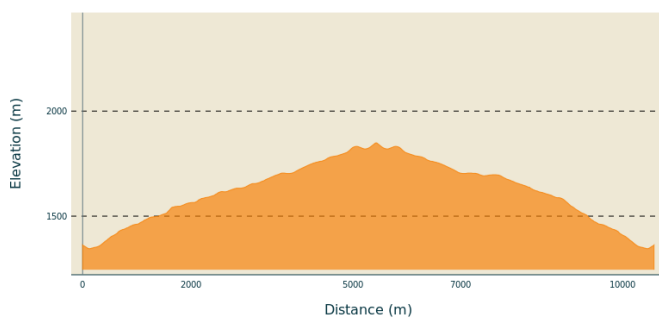
Advices

There is no difficulty with this route. The skier will simply have to master the techniques of descent. Attention the summit of the Moucherotte is on edge of cliff

More information on Nordic Walking

Nordic walking is a respectful and responsible practice. Before you jump into the field, train yourself.

Altimetric profile



Min elevation 1345 m
Max elevation 1849 m

Transports

By train : Grenoble train station

By Bus:

- **With Skiligne service** : shuttle service from Grenoble to Lans en Vercors with two options : single return ticket (11,15€) or pack bus return ticket/full day ski pass (21.00€).

Departure at Grenoble train station to reach Lans en Vercors ski resort.

More informations and booking on the website : [Transaltitude/Skiligne](https://www.transaltitude.com/skiligne).

- **Free shuttle** : From Grenoble take the regional buses [line T64](#) ou [T65](#) to Lans en Vercors. Then reach the ski resort with the free shuttle starting from the village centre.

Leaving from the village of Lans (8 stops in the village centre and the nearest hamlets), a free shuttle bus runs to the Lans mountains, linking the Lans alpine ski area and the Allières Nordic ski area.

The OÙRA multimodal route planner provides information about all the connections between regional trains, urban transport and departmental bus lines: <https://www.oura.com/>

By hitch hiking :

Discover Rezo Pouce service with all the official stops on <https://www.rezopouce.fr>

Carpooling :

Offer your services or book your carpooling on the regional [Mov'Ici](#) platform.

Access

From Grenoble, take the D106 road in the direction of Saint-Nizier-du-Moucherotte.

Continue on the D106 towards Lans-en-Vercors. Before the village, at the place "Les Bernards" turn right, and follow the road to the snow stage. Parking in the "La Sierre" car park 1,400 meters.

Advised parking

Parking of the Sierre

 **Information desks**

OTI 4M - Bureau d'information de
Lans-en-Vercors
246 avenue Léopold Fabre, 38250
Lans-en-Vercors
info.lansenvercors@otivercors.com
Tel : 04 76 95 42 62
<https://www.vercors-experience.com/>

On your path...



Summit of Moucherotte (A)

From its 1,901 meters, this summit offers a breathtaking view of the Alps and the valley of Grenoble. To better locate you in the surrounding massifs, an orientation table is at your disposal on the trail. You will also find on your way a radar of Météo-France. Installed in 2014, it can measure precipitation and wind within a radius of 50 kilometers. Until 2001, the Hotel Ermitage could also be seen standing on the Moucherotte, a luxury establishment that welcomed Brigitte Bardot, Dalida and Charles Aznavour. Abandoned since 1974 for lack of profitability, the hotel was connected to Saint-Nizier by a cable car. Only one pylon remains, which is now used by the village adventure trail.
Attribution : V. Giry



The plateau of Ramées (B)

This vast, flowery alpine pasture is occupied in summer by village cows, an ancient breed of the Vercors, very adapted to its environment and restored to the taste by some local breeders. The plateau of Ramées, through its alternating wooded areas and alpine pastures, is an environment conducive to the black grouse. You can enter them cooing, but do not try to see them and especially stay on the paths, because this remarkable species is very sensitive to disturbance.
Attribution : M. Rocheblave