

The Bois de la Crose (Vercors Trièves n° 53)

Trièves - Saint-Andéol



(JL_Armand)



The discovery of authentic villages and hamlets of Trièves, put yourself in the saddle and let yourself be surprised by the richness of this territory.

Mountain biking enthusiasts looking for mountain climbing, technical passages, singles or just rolling tracks, this circuit is for you!

Useful information

Practice : By mountain bike

Duration : 2 h 30

Length : 15.2 km

Trek ascent : 677 m



Difficulty : Très Difficile

Type : Boucle

Trek

Departure : Parking town hall, Saint-Andéol

Arrival : Parking town hall, Saint-Andéol

Markings :  PR  GTV à pied

Departure from the village of Saint-Andéol, take the road in the direction of Château-Bernard for a moment before taking on the left the path at the level of the Sautelaire place. Always follow the black mountain bike beacons of circuit n ° 53. Continue until the hamlet of La Combe and reach Chénevarie 1 then Le Mas Roux 2 and the crossroads of Mas 3. A nice path leads to Les Janas 4 and a little further to La Croix de Jacques 5. At the intersection of Gallo-Romain 6, you can reach the Col de l'Arzelier by a round trip (5 minutes) or continue through Mauret 7, Font du Mas 8 and Font Bessou 9). It is a very pleasant rolling itinerary crossing the Bois de la Crose in the middle of a varied landscape, the continuous road to Betrana 10 before starting the progressive descent southwards to Ruisseau Rafin 11 and La Source 12 The village of Saint-Andéol is already there.

On your path...



All useful information

⚠️ **Advices**

Attention, some passages of the circuit can be slippery in rainy weather!

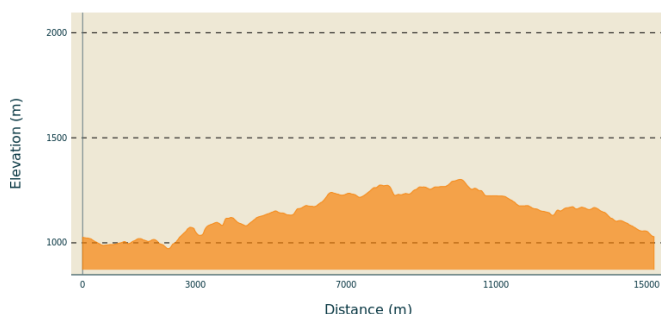
This loop can be enhanced by a climb to the chairlift of the Col de l'Arzelier to enjoy one of the downhill mountain bike trails of this resort.

Inquire about opening hours and days.

Use the passages provided to cross the fences, close the gates and barriers behind you.

Stay on the marked paths is also respect private property.

Altimetric profile



Min elevation 972 m

Max elevation 1302 m

Transports

En train : Gare SNCF de Monestier-de-Clermont : **Calcul d'itinéraire** sur <https://www.oura.com/>

puis **Bus** : transisère ligne Monestier de Clermont-Gresse en Vercors [MON07](#) (horaires uniquement le matin)

Bus depuis Le Gua : [ligne 44](#)

En covoiturage :
Proposez ou réservez votre covoiturage avec la plateforme régionale [Mov' Ici](#).

Access

From Grenoble, take the A84 then the A51 towards the South, exit at exit 12 towards Sisteron / Vif.

At Vif, take the D8 direction Miribel-Lanchâtre then Saint-Guillaume. Then take the D 242 a to Saint-Andéol.

From Monestier-de-Clermont, follow the D8 and join the village of Saint-Guillaume. Then take the D 242 a to Saint-Andéol.

Advised parking

Parking town hall of Saint-Andéol

Information desks

Office de tourisme du Trièves, Gresse-
en-Vercors

43, route du Grand-Veymont, 38650

Gresse-en-Vercors

tourisme@gresse-en-vercors.fr

Tel : 04 82 62 63 50

<http://www.trieves-vercors.fr/>

Office de tourisme du Trièves, Col de
l'Arzelier

Mairie de Château-Bernard La

Chapelle , 38650 Château-Bernard

otbev.arzelier@wanadoo.fr

Tel : 04 76 72 38 31

<http://www.col-de-larzelier.fr/>