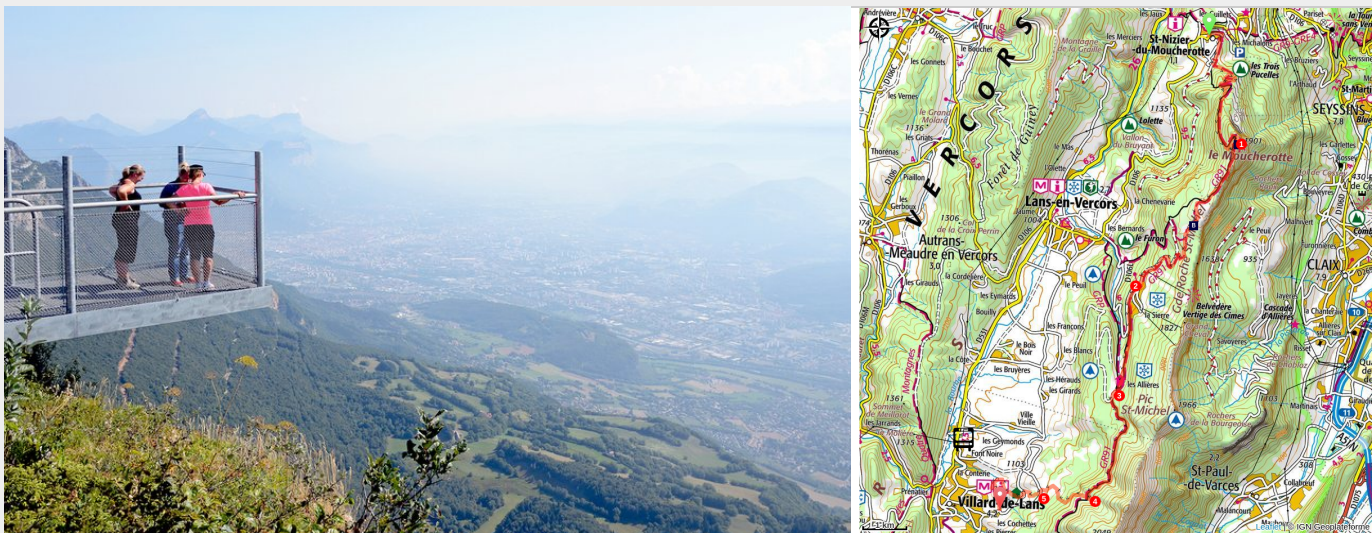


# Saint-Nizier-du-Moucherotte / Villard-de-Lans (stage 1)

4 Montagnes - Saint-Nizier-du-Moucherotte

GTV



Spectaculaire Belvédère du Vertige des Cimes (OT\_LansenVercors)

*This stage is characterised by its rich array of landscapes from undergrowth to mountain pastures and summits, and it boasts lavish panoramas. Moucherotte, the Ramée plateau, the belvedere of Vertige des Cimes and the Gobert trail are just some of the many curiosities and natural wonders awaiting discovery!*

On this section, you can enjoy clear views over Y Grenoblois since the forest is not so dense here.

On the top of Moucherotte you can revel in the glorious views over the entire Alpine range as far as Mont Blanc, with a bird's eye view of the built-up area around Grenoble.

## Useful information

Practice : Itinerant hike

Duration : 7 h

Length : 20.8 km

Trek ascent : 1146 m

Difficulty : Difficile

Type : Traversée

Themes : Faune, Flore

# Trek

Departure : Les Pucelles (car park 1,5 km going to Grenoble, just below the village of Saint-Nizier-du-Moucherotte)

Arrival : Les Cochettes (car park) - Villard-de-Lans

Markings :  GTV à pied

1. From the village of Saint-Nizier, take the road behind the church, head towards the ski jump, then take the path that climbs towards the **Trois Pucelles**. Continue along the ridge towards **Moucherotte**.
2. Continue on the GR country trail "Tour des quatre montagnes" to reach the **Ramées** plateau and the **Habert des Ramées** shelter.
3. Then descend to the Lans en Vercors resort and continue south on the GR91 through **Les Allières**.
4. At **Combe Chaulange**, descend towards **Villard de Lans**.

# On your path...



Summit of Moucherotte (A)

The plateau of Ramées (B)

# All useful information

## **Advices**

**Careful, the chimney of Ramées Hut is not working correctly, the foam and gaz are not correctly evacuated. Don't use it to avoid any health risk.**

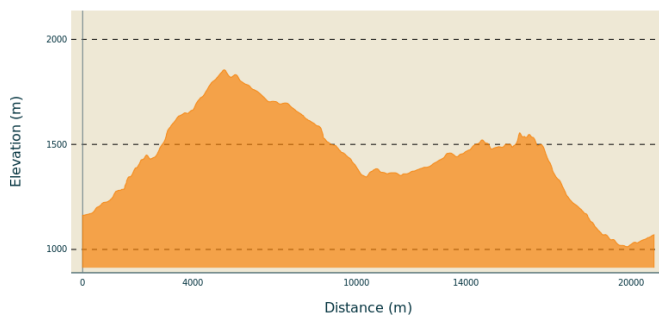
Use the installed passages to cross fences, close gates and barriers.  
Stay on the marked trails and respect private property.  
The trails can be slippery in rainy conditions!  
Do not cross hay meadows or cultivated fields.

Respect sheep farms, refuges and cabin shelters.

Collect your waste, think nature.

You are in summer pastures, and may meet herd protection and guard dogs (patous). Always ensure that you go a long way round the animals, calmly so that the dog can identify you, do not pat or threaten them.

## **Altimetric profile**



Min elevation 1013 m  
Max elevation 1855 m

## Transports

**By train :** Grenoble train station

**By bus :**

Saint-Nizier-du-Moucherotte can be reached with regional lines [T65](#) which goes from Grenoble to Villard-de-Lans.

**By hitchhiking :**

Find all the official hitchhiking spots on [www.rezopouce.fr](http://www.rezopouce.fr)

**By carpooling :**

Offer your services or book your carpooling on the regional [Mov'Ici](#) platform.

## On your path...

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### Summit of Moucherotte (A)

From its 1,901 meters, this summit offers a breathtaking view of the Alps and the valley of Grenoble. To better locate you in the surrounding massifs, an orientation table is at your disposal on the trail. You will also find on your way a radar of Météo-France. Installed in 2014, it can measure precipitation and wind within a radius of 50 kilometers. Until 2001, the Hotel Ermitage could also be seen standing on the Moucherotte, a luxury establishment that welcomed Brigitte Bardot, Dalida and Charles Aznavour. Abandoned since 1974 for lack of profitability, the hotel was connected to Saint-Nizier by a cable car. Only one pylon remains, which is now used by the village adventure trail.  
Attribution : V. Giry

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### The plateau of Ramées (B)

This vast, flowery alpine pasture is occupied in summer by village cows, an ancient breed of the Vercors, very adapted to its environment and restored to the taste by some local breeders. The plateau of Ramées, through its alternating wooded areas and alpine pastures, is an environment conducive to the black grouse. You can enter them cooing, but do not try to see them and especially stay on the paths, because this remarkable species is very sensitive to disturbance.  
Attribution : M. Rocheblave