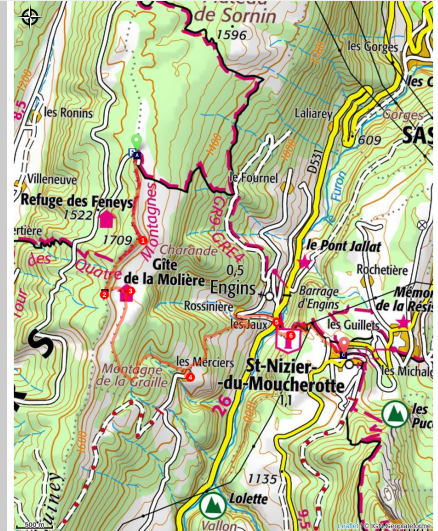


La Molière / Saint-Nizier-du-Moucherotte (stage 23)

4 Montagnes - Engins

GTV



Alpage de la Molière à l'automne (p_mayade)

The plateau of Molière-Sornin forms part of the Molière-Sornin nature conservation area. This summer pasture is threatened by the encroachment of spruce trees in particular, which are constricting the environment. In response, a policy has been introduced to rehabilitate the meadow, keeping the environment open and safeguarding the site's biodiversity.

A final push made all the easier by the unforgettable landscapes and viewpoints!

Useful information

Practice : Itinerant hike

Duration : 3 h 30

Length : 9.8 km


Trek ascent : 469 m

Difficulty : Moyen

Type : Traversée

Themes : Agriculture et Savoir faire, Faune, Flore, Histoire et patrimoine, Pastoralisme, Point de vue, Accessible en transport en commun

Trek

Departure : La Molière (car park)
Arrival : Saint-Nizier-du-Moucherotte village
Markings :  GTV à pied

And now you've come full circle: the Grand Tour du Vercors hike returns to the village of **Saint-Nizier-du-Moucherotte**, the starting point of this fantastic long-distance adventure! After crossing the southern section of the Molière mountain pasture via the picturesque **Charande (1)** ridge and **Pas de l'Ours (2)**, you will descend towards the **Molière alpine pasture refuge (3)** as far as the hamlets of **Merciers (4)** and **Jaux (5)**. This section of the route runs through a combination of meadows and forests with delightful views of Chartreuse. After **Engins**, the route climbs quite steeply towards **Saint-Nizier** via **Pas de la Corne** along the GR 9. The stage finishes up with a section on a wide path through the middle of the fields.

Viewpoint of the Molière (A)
Saint-Nizier-du-Moucherotte (C)

Bear Footprints (B)

All useful information

⚠️ **Advices**

It's possible to extend the stage by circling around the Sornin plateau (from Molière).

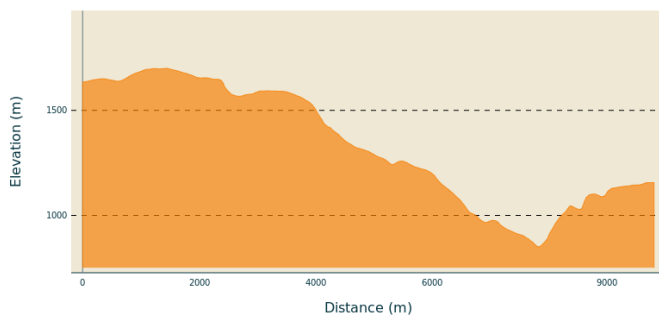
Take care: the trail that climbs to Pas de la Corne is often slippery; a handrail has been installed to make certain parts safer.

Use the passageways to cross the fences, close the gates and barriers.

Stay on the marked paths is also respect private property.

You are crossing a conservation nature area with specific regulations to be respected (information panel at the entrance to the site).

Altimetric profile



Min elevation 851 m
Max elevation 1700 m

Transports

By train :

Grenoble SNCF station

Route planner (train and bus): <https://www.oura.com/>

By bus : With regional coaches [T65](#) or [T64](#) for Lans-en-Vercors and then on [line T66](#) to Autrans. Please note that [line T66](#) does not go further than Autrans. There is the option of finishing the walk at the car park by hitchhiking or carpooling.

By hitch hiking : You can get there / get back by hitching a lift with the Rezo Pouce network from Autrans-Méaudre, Lans-en-Vercors, Grenoble and Royans-

Access

From Grenoble, take the D531 departmental road towards Villard-de-Lans as far as Lans-en-Vercors.

Take the D106 towards Autrans, then the D218 towards La Sure and La Molière.

Advised parking

La Molière

Vercors (you can find all the stops in the Vercors on www.rezopouce.fr).

Carpooling :
Offer your services or book your carpooling on the regional [Mov'Ici](#) platform.

Information desks

OTI 4M - Bureau d'information
d'Autrans
49 route du Vercors, 38880 Autrans-
Méaudre-en Vercors
info.autrans@otivercors.com
Tel : 04 76 95 30 70
<https://www.vercors-experience.com/>

OTI 4M - Bureau d'information de
Lans-en-Vercors
246 avenue Léopold Fabre, 38250
Lans-en-Vercors
info.lansenvercors@otivercors.com
Tel : 04 76 95 42 62
<https://www.vercors-experience.com/>

On your path...



Viewpoint of the Molière (A)

The viewpoint of the Molière offers one of the most beautiful panoramas of the Vercors. A large part of the Alps is offered to you as far as Mont Blanc, passing by the Chartreuse, Belledonne or Oisans.

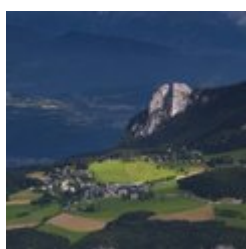
Attribution : S.M Booth



Bear Footprints (B)

Many places in the Vercors testify to the old presence of the Bear. It is here that it has remained the longest in the French Alps. The last was reportedly killed at the Col de l'Arc in 1901, and the last sighting took place in St Martin-en-Vercors in 1937. A reintroduction project was carried out in 1990, when the Vercors was identified as one of the most suitable sites in France. Catch a trace (carved) hides in the gap of the Pas de l'Ours!

Attribution : S.M Booth



Saint-Nizier-du-Moucherotte (C)

Did you know ? Saint-Nizier-du-Moucherotte, a commune of 1100 inhabitants, hosted the ski jumping events at the 1968 Grenoble Olympic Games. The infrastructures are now disused.

Attribution : S.M Booth