

East-West crossing of the Vercors on the GR®93 - Stage 6



Diois - Treschenu-Creyers



(V.Giry)

This stage boasts the most wonderful views of the Alps, the Vercors, the Diois and Mont Ventoux!

A lengthy stage where the stunning scenery will make you forget all about your tired legs!

Useful information

Practice: Itinerant hike

Duration: 7 h

Length: 18.0 km

Trek ascent: 1186 m

Difficulty: Difficile

Type: Traversée

Themes : Faune, Flore, Pastoralisme, Point de vue,

espaces naturels

Trek

Departure : Bénevise Arrival : Grimone

From **Bénevise** head towards **Les Nonnières** via **Liodève**. Continue towards **Le Passau**, **Pâturage de Jiboui** (*Jiboui pasture*), **Crête de Jiboui** (*Jiboui crest*) and **Col de Seysse** (*Seysse pass*).

Important: be sure to follow the signs for **Pâturage du Jocou** (Jocou pasture) and **Les Amousières**. Off the GR®93, head for **Grimone** to take a break.

On your path...



Pasture of the Jocou (A)

The Griffon Vulture (B)

All useful information



A Advices

Use the installed passages to cross fences, close gates and barriers. Stay on the marked trails and respect private property. The trails can be slippery in rainy conditions! Do not cross hav meadows or cultivated fields.

Stay alert in spring: snowfields can last late into the season! (Check with the tourist office before setting out).

Important: when the weather is hot in summer, make sure you take ample water with you as well as adequate sun protection, including sunscreen, a hat or other essentials.

Parts of the route are at high altitude and may be covered in snow in winter. These sections may be impassable depending on your mode of transport.

Altimetric profile



Min elevation 820 m Max elevation 1810 m

Advised parking

Bénevise

i Information desks

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On your path...



Pasture of the Jocou (A)

Every summer the slopes of the Jocou welcome sheep flocks in summer (some cattle on the lower part). The herds maintain these vast alpine pastures, which give a bucolic framework to this hike. Without the maintenance of the alpine pastures, the forest would gradually gain ground.

Attribution: PNRV



The Griffon Vulture (B)

Perhaps you will have the chance to observe the griffon vultures. Reintroduced in the Vercors in 1999, this scavenger can weigh more than 10 kilos and have a wingspan of up to 2m80. The vultures search for carrion, often where the flocks are found.

Attribution: S&M Booth